

International



Market Guide

The Twin Cities has a rich diversity of international specialty and ethnic markets. This guide provides a list of these markets by area. Explore the culinary diversity of the Twin Cities area. Enjoy and eat well!

Near West Bank Campus

The Cedar-Riverside neighborhood is a diverse multicultural community located near the West Bank campus of the University. For information about the Cedar-Riverside neighborhood, see <http://www.cedarriverside.com>.

Afrik Grocery & Halal Meat (East Africa, Halal foods)
607 Cedar Avenue South, Minneapolis 612-343-0245

Keefer Court Chinese Bakery
326 Cedar Avenue South, Minneapolis 612-340-0937
<http://www.me.umn.edu/~woo/bakery.html>

Halal Mini Market (East Africa, Halal foods)
410 Cedar Avenue South, Minneapolis 612-204-9545

North Country Co-op (organic food, specialty ethnic food)
1929 5th Street South, Minneapolis 612-338-3110
<http://www.northcountrycoop.com>

Seward Community Co-op (organic food, specialty ethnic food)
2111 E. Franklin Avenue, Minneapolis 612-338-2465
<http://www.seward.coop>

United Noodles Oriental Food Inc.
(Thailand, Japan, Korea, Indonesia, Malaysia, China, Philippines, Vietnam)
2015 East 24th Street, Minneapolis 612-721-6677
<http://www.unitednoodles.com/intro.html>

Near East Bank Campus

Caspian Bistro (Middle East restaurant and market)
2418 University Avenue Southeast, Minneapolis 612-623-1113

Central Avenue, Minneapolis

Central Avenue, located in Northeast Minneapolis, is the home to many international grocery stores, gift stores, and restaurants. For information about Central Avenue, see <http://neighborhoods.minneapolis.org/necentral/index.php?section=1>

Asia Import Food & Video (Asia, India, Pakistan, Middle East, Africa)
1840 Central Avenue Northeast, Minneapolis 612-788-4571

Crescent Moon Bakery (Afghanistan)
2339 Central Avenue Northeast, Minneapolis 612-782-0169

Devon Grocery (India, Pakistan)
2520 Central Avenue Northeast, Minneapolis 612-781-3888

Holy Land Bakery & Grocery Deli (Lebanon)
2513 Central Avenue Northeast, Minneapolis 612-781-2627
<http://holylandbrand.com/index1.htm>

Patel Groceries & Video (South Asia, India)
1848 Central Avenue Northeast, Minneapolis 612-789-8800

“Eat Street” - Nicollet Avenue, Minneapolis

“Eat Street” spans 17 blocks of Nicollet Avenue from downtown Minneapolis to Lake Street with international restaurants and grocery stores. For more information, see <http://www.eatstreetminneapolis.com> and http://wikitravel.org/en/Minneapolis/Eat_Street

Asian International Food

2815 Nicollet Avenue South, Minneapolis 612-870-0663

Dai Thanh Oriental Food and Video

2424 Nicollet Avenue South, Minneapolis 612-874-1560

Florida Oriental Market

2743 Nicollet Avenue South, Minneapolis 612-879-1050

Hai Nguyen Market (Vietnam, China, Korea)

2412 Nicollet Avenue South, Minneapolis 612-870-0782

Hiep Thanh Oriental Grocery (China)

2534 Nicollet Avenue South, Minneapolis 612-870-0905

Las Americas Super Mercado

2750 Nicollet Avenue South, Minneapolis 612-870-2955

Marissa’s Bakery (Mexico)

2750 Nicollet Avenue South, Minneapolis 612-871-4519

Shang Hur Oriental Market (Southeast Asia)

2710 Nicollet Avenue South, Minneapolis 612-872-8606

Sinbad’s Market & Deli (Lebanon)

2528 Nicollet Avenue South, Minneapolis 612 871-6505

Truong Thanh (Thailand, Vietnam)

2520 Nicollet Avenue South, Minneapolis 612-879-0561

Minneapolis

Al Qudus Halal Meat and Grocery (East Africa, Middle East, Mediterranean)

3015 27th Avenue South, Minneapolis 612-728-8629

Amand’s Exotic Food Market (Jamaica and West Indies)

3759 Bloomington Avenue South, Minneapolis 612-724-8696

Amazing Oriental Supermarket

2425 West Broadway, Minneapolis 612-522-2241

Bangkok Market & Video Rental

3100 Lyndale Avenue North, Minneapolis 612-521-6711

Delmonico’s Italian Foods

1112 Summer Street Northeast, Minneapolis 612-331-5466

Europol Eva’s Deli (Central Europe)

359 13th Avenue Northeast, Minneapolis 612-617-0022

Kramarczuk Sausage Co. store and deli (Ukraine, Central and Eastern Europe)

215 East Hennepin Avenue, Minneapolis 612-379-3018

Los Amigos (Mexico)

2746 Blaisdell Avenue South, Minneapolis 612-871-1262

Latino Groceries

420 Hennepin Avenue East, Minneapolis 612-623-4087

Mercadito Mi Axochiapan (Mexico)

3748 Cedar Avenue South, Minneapolis 612-721-4835

Midwest Market & Halaal-Meat

1920 Portland Avenue, Minneapolis 612-879-6998

New Orient Market

2800 1st Avenue South, Minneapolis 612-871-7946

Salama Halal (Halal meat)

912 East 24th Street, Minneapolis, MN 612-252-1412

Scandia Bake Shop (Scandinavian)

5011 34th Avenue South, Minneapolis 612-724-8353 or 1-800-315-2423

<http://www.scandiabakeshop.com>

Lake Street

Historically Lake Street has been home to immigrant communities and today is still home to many diverse communities. There are two large indoor markets, Mercado Central and Midtown Global Market, within a mile of each other on Lake Street between 15th Avenue and Chicago Avenue. For more information, see <http://neighborhoods.minneapolis.org/lakestreet/index.php?section=1>.

Bill's Imported Foods (Eastern Europe, Middle East)
721 West Lake Street, Minneapolis 612-827-2891

Carniceria La Huazteca (Mexico, Latin America meats)
417 East Lake Street, Minneapolis 612-823-6222

Dur Dur Bakery (Africa, Middle East, Halal meats)
1821 East Lake Street, Minneapolis 612-721-9449

Ingebretsen's Scandinavian Gifts & Foods
1601 East Lake Street, Minneapolis 612-729-933 <http://www.ingebretsens.com>

La Mexicana
1522 East Lake Street, Minneapolis 612-722-3331

La Cosecha Market (Mexico)
1515 East Lake Street, Minneapolis 612-728-5457

Mercado Central (Mexico, Latin America)
1515 East Lake Street, Minneapolis 612-728-5401 <http://www.mercadocentral.net>
See also "Indoor Markets"

Midtown Global Market
Lake Street and Chicago Avenue South, Minneapolis
<http://midtownglobalmarket.org>
See also "Indoor Markets"

Near St. Paul Campus

Abu Nader Deli & Grocery (Mediterranean, Middle East)
2095 Como Avenue, St. Paul 651-647-5391

University Avenue, St. Paul

University Avenue is at the heart of St. Paul and is home to a large Southeast Asian community. On University Avenue between Rice Street and Snelling Avenue, there are many Vietnamese stores and restaurants.

Chouheng Asian Foods
651 University Avenue West, St Paul 651-291-0846

Ha Tien Grocery (Asia)
353 University Avenue West, St. Paul 651-227-7136

Kim Hung Oriental Grocery
459 University Avenue West, St. Paul (651) 221-9803

May's American-Oriental Market
377 University Avenue West, 651-293-1118

Shuang Hur (Asian market)
654 University Avenue West, St. Paul 612-253-0456

Spiros Mediterranean Market (European, Greek)
2264 University Avenue West, St. Paul 651-645-4607

Trung Nam French Bakery
739 University Avenue West 651-229-0887

Ugaso Grocery (Somali Halal meat)
2420 University Avenue, St. Paul 651-917-7000

St. Paul

7th & Hope Oriental Store
786 East 7th Street, St. Paul 651-771-5846

City Oriental Market
1666 Rice Street, St. Paul 651-488-5661

Cossetta Italian Market
211 West 7th Street, St. Paul 651-222-3476

Dragon Star Oriental Foods Inc.
633 Minnehaha Avenue West, St. Paul 651-488-2567

El Burrito Mercado (Mexico, Latin America grocery and deli)
175 Concord Street, St Paul 651-227-2192 <http://www.elburritomercado.com>

First Hmong Market And Video
1133 Rice Street, St. Paul 651-487-4044

Guadalajara Market
946 Rice Street, St. Paul 651-488-7027

Ha Tien Market
353 University Avenue West, St. Paul 651-227-7138

Kim's Oriental Market (Korea, China, Japan)
689 Snelling Avenue North, St Paul 651-646-0428

Thai Store (Asia)
1383 Maryland Avenue East, St. Paul 651-771-8201

Suburbs

A-Z Africa Mart
6930 Brooklyn Boulevard, Brooklyn Center 763-560-1563

African Food Market
5708 Brooklyn Drive, Brooklyn Park 763-560-2263

African Market
8940 Lyndale Avenue South, Bloomington 952-881-6035

African Food Market
5708 North Brookdale Drive, Brooklyn Park 763-560-2263

Asian Food Market
2921 East Cliff Road, Burnsville 952-736-9287

Asian Direct Oriental Market
607 East 77th Street, Richfield 612-861-4612

Asian Foodmart
6701 63rd Avenue North, Brooklyn Park 763-560-2263

Asian Pacific Oriental Foods Inc.
7986 Brooklyn Boulevard, Brooklyn Park 763-315-1125

Bass Lake Oriental Grocery
5600 Bass Lake Road, Crystal 763-536-8848

Bosnian Supermarket
6253 University Avenue Northeast, Fridley 763-571-1941

Buon Giorno Italia
981 Sibley Memorial Hwy., Lilydale 651-905-1081
<http://www.buongiornoitalia.biz>

Chan Oriental Market
9016 Lyndale Avenue South, Bloomington 952-967-0544

Dong Yang Market (Korea)
735 45th Avenue Northeast, Hilltop 763-571-2009

El Jalapeno Market (Latin America, Mexico)
1430 East 66th Street, Richfield 612-869-2022

European Foods
1309 East Highway 13, Burnsville 952-882-6574

Groceries of the Orient
7520 Lyndale Avenue South, Richfield 612-861-1023

Hyundai Oriental Grocery
1716 East Old Shakopee Road, Bloomington 952-948-1184

Innenbrary Halal Market
8246 Commonwealth Drive, Eden Prairie 952-944-5477

Jasmine Market (Thailand)
14600 10th Avenue South, Burnsville 952-953-6424

Jerusalem Market (Middle East, Turkey)
4945 Central Avenue Northeast, Columbia Heights 763-574-1986

Joseph's Mexican & Lebanese Market
736 Oakdale Avenue, St Paul 651-228-9022

KT Oriental Market
7520 Lyndale Avenue South, Richfield 612-861-1023

Mamissine African Food Store

6328 Bass Lake Road, Crystal 763-537-2919

Minsk Market (Russia, Ukraine)

3992 Sibley Memorial Highway, Eagan 651-209-0564

Moscow Market (Russia)

2526 Horizon Drive, Burnsville 952-808-9000

Peppercharm African Soul Food

7615 Welcome Avenue North, Brooklyn Park 763-566-2338

Rearn Thai Market

14600 10th Avenue South, Burnsville 952-953-6424

Supermercado Olmeca (Spain)

1919 West Burnsville Parkway, Burnsville 952-895-9550

Seoul Foods (Korea and Japan)

1071 East Moore Lake Road, Fridley 763-572-0079

South Asian Foods (India, Pakistan, Bangladesh)

765 53rd Avenue Northeast, Fridley 763-586-9800

<http://www.southasianfoods.com>**Farmers Markets**

The Farmers Markets are generally open in the spring, summer, and fall. Local farmers and vendors sell fresh fruits, vegetables, plants, meats, bread, and flowers. Some farmers markets are not open daily. Check website for hours of operation.

Downtown Minneapolis Farmers Market

Nicollet Mall Downtown

<http://www.mplsfarmersmarket.com/nicollet.htm>**Mill City Farmers Market**

Chicago and 2nd between Guthrie Theater and Spoonriver Restaurant

<http://www.millcityfarmersmarket.org>**Minneapolis Farmers Market**312 East Lyndale Avenue North <http://www.mplsfarmersmarket.com>**Minneapolis Midtown Public Market**Hiawatha and 22nd Avenues <http://www.midtownpublicmarket.org/mpm.htm>**St. Paul Farmers Market**5th and Wall Streets, Downtown St. Paul <http://www.stpaulfarmersmarket.com>**University of Minnesota Farmers Market**

Located on Church Street, East Bank Campus

<http://www1.umn.edu/ohr/wellness/market>**Indoor Markets****Midtown Global Market**Lake Street and Chicago Avenue South, Minneapolis <http://midtownglobalmarket.org>

The Midtown Global Market is an internationally themed public market with more than 50 vendors that offer produce, delicacies, prepared food, and unique gifts from around the world.

Mercado Central (Mexico, Latin America)1515 East Lake Street, Minneapolis <http://www.mercadocentral.net>

Mercado Central is an indoor open-air mall with more than 40 Latino owned shops including a meat market, restaurants, and grocery stores.

Al Karama Somali Mall (Middle East, Africa, and Asia)

419-420 Cedar Avenue South, Minneapolis

<http://www.somaliresource.net/business.html>**Resources****Minneapolis-St. Paul Magazine Guide to Dining in the Twin Cities**<http://www.msppmag.com/dining/restaurantguide/default.asp>**Resources and information for Somali immigrants in the Twin Cities**<http://www.somaliresource.net>**Metro Transit, bus and light rail information**<http://www.metrotransit.org>**Shopping guide for vegetarian and vegan food** <http://www.vegguide.org>

Twin Cities Asian Markets <http://www.tcdailyplanet.net/node/2049>

Chowhound (online food bulletin board) <http://www.chowhound.com>

Online guide to halal food

http://www.zabihah.com/comp_blog_entry.php?entry_id=13

International Events (great places to sample international food)

American Swedish Institute's Swedish Summer Cafe and Midsommar Celebration

At the cafe, open in the summer, you can dine on Swedish desserts, rolls, and lingonberry sorbet. The institute holds Midsommar Celebration in June and a Swedish crayfish party in August. For more information call 612-871-4907.

<http://www.americanswedishinst.org>

Dragon Festival

The two-day festival, held every July at Lake Phalen in St. Paul, is a celebration of Asian cultures in the Twin Cities. A festival highlight is the dragon boat race. The University's China Center has participated in the dragon boat race annually.

<http://www.dragonfestival.org>

Festival of Nations

Almost 100 different ethnic groups from around the world share their foods, crafts, and traditions. The festival is held in early May at the Xcel Center, St. Paul.

<http://www.festivalofnations.com>

International Festival of Burnsville

<http://www.ci.burnsville.mn.us/index.asp?NID=453>

Japanese Lantern Festival

The festival, reminiscent of Japan's Obon holiday, is held in August at Como Park in St. Paul.

<http://www.comozooconservatory.org/cons/jll.shtml>

Nordic Summer

The metropolitan-wide celebration offers over 25 area attractions highlighting programs and events that showcase the arts and cultures of Norway, Finland, Sweden, Denmark and Iceland. <http://www.minneapolis.org/nordicsummer/calendar.asp>

Vietnamese Tet New Year

Celebrate the Vietnamese new year with performances and Vietnamese cuisine.

<http://vietnam-minnesota.org>

Event calendars

University of Minnesota events calendar <http://events.umn.edu>

Event calendar for "global citizens" <http://www.tcdailyplanet.net/calendar>

Minneapolis Mosaic, "Celebrating Cultural Diversity"

<http://www.minneapolismosaic.com>

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